



**16063 AL Highway 69 S
Moundville, AL 35474**

(205)371-6432

**Our passion is to help our
patients live longer,
healthier, & happier lives**



**Lose Weight.
Never to Find it Again.**

- Discover your BMI, body composition & ideal healthy weight
- Discuss health risks associated with your current weight
- Develop a personalized plan tailored to your unique metabolism & specific needs
- In-office supplements & meal replacements
- One-on-One accountability & motivational counseling

**It Only Takes One
Step To Change the
Rest of Your Life**
(205)371-6432

